



The 7th Annual Joelyn Sines 5k Run / Walk

To Benefit the Joeyln Sines Nursing
Scholarship and Afton Community
Outreach Program in Beautiful Afton, N.Y.

Saturday, July 20, 2019

Start Time: 9:00 am

Preregistration:

Runners: \$20 - shirt included

Walkers: \$15 - shirt included

Packet Pick Up and Registration 8:00 am
at Afton Central School parking lot

Registration on day of race:
\$25 and \$20 (CHANCE OF NO SHIRT)

Limited Shirts Will Be Available
On Day of Race for \$10

Registration forms can be found at
www.townofafton.com

The 7th Annual Joelyn 5K Run Walk

Saturday, July 20, 2019

Run begins at 9:00 am

Race Day Registration 8:00 am

Registration fee to run:

Pre-registration until July 10, 2019	\$20	Runner (with shirt)
	\$15	Walker (with shirt)

Shirt Size	S	M	L	XL	2XL
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Registration after July 10, 2019	\$25	Runner (Chance of No Shirt)
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	\$20	Walker (Chance of No Shirt)
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NOTE: Limited quantity of shirt available first come first served with registrations. Any extras will be available for sale race day for \$10 each.

Make checks payable to: The Joelyn 5K

Mail registration and checks to: Joelyn 5K
c/o Nancy Moffitt
78 East Main Street
Afton, NY 13730

With race questions, please contact Nancy Moffitt –by email at nancyann05@yahoo.com or by phone at 607-639-1802.

Awards to top three male and female finishers, and top finishers male and female in each age category (no duplicates):

Up to age 10

10 to 14

15 to 19

20 to 29

30 to 39

40 to 49

50 to 59

60+

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Last Name: _____ First Name: _____

Gender: Male Female Age on race day _____ DOB _____

Street Address: _____ E-mail Address: _____

City: _____ State: _____ Zip: _____

Waiver: I know that running a road race is potentially a hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of weather, traffic, and the conditions of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race organizers, the Joelyn 5K, the Village of Afton, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. No running strollers, animals or headsets/ear buds are allowed during this race.

Signature: _____ Date: _____

Parent's Signature _____ Date: _____
(if under 18 years old)

NOTE: No pets or wheeled devices allowed on the course. No device headsets or ear buds. Use of these items will result in disqualifications.

This year is the 7th annual Joelyn Sipes 5k walk/run and in addition to this, we are adding a 1k walk for children, ages 9 and under. There will be a table with refreshments and goodie bags. If interested in a 1k t-shirt for the kids it will be five dollars. All donations and proceeds will go to the Afton Scholarship and the Outreach Program.

Afton Central School

Saturday, July 20, 2019

Start Time: 9:00 am

Pre register by July 1st. When you pre register, you are guaranteed a t-shirt.

Nancy Moffitt 607-639-1802 nancyann05@yahoo.com



The 1st Joelyn Sines 1k for kids !
Saturday, July 20,2019
Strat time 9 am
Afton Central School
Pre -Register before July 1st for T-Shirt
you can sign up morning of event ,8am

This is the 1st race for the littler kids !
I want everyone to have fun no matter what age !!
Shirt Size : kids 6-8 10-12 Adult Small
Shirts are \$5.00 Pre- Registered ,if any left \$7.00 day of race

Make Checks Payable to: The Joelyn 5k
Mail Registration and check to :
Joelyn 5k
Nancy Moffitt
78 East Main Street
Afton, N.Y.13730

If any questions, please contact Nancy Moffitt- by email
nancyann05@yahoo.com or (607)639-1802

Childs Last Name: _____ First Name: _____

Gender: Male Female Age on race day _____ DOB _____

Street Address: _____ City: _____ State: _____ Zip: _____

Waiver: I know that this race is potentially a hazardous activity. I should not enter or enter my child unless we are medically able to properly preform a run/ walk of a 1k distance. I assume all risks associated with this event including but not limited to, falls, conact with other participants, the effects of weather, traffic, and the conditions of the sidewalks and roads all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and my child or children, waive and release the race organizers, the Joelyn5k, The Villiage of Afton, all sponsores, their representatives and successors from all claims or liabilities of any kind arising out of my and or child's participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. No animals, headsets or earbuds are allowed in this event.

Signature: _____ Date: _____

(Parent's Signature covers for the childrens Reg . besides yourself)